

MIAC announces 2018 Women's Indoor Track and Field Awards

Posted: Feb 28, 2018

BLOOMINGTON, Minn. – The Minnesota Intercollegiate Athletic Conference (MIAC) wrapped up its 2018 Indoor Track and Field season last weekend and put the finishing touches on another tremendous season with the announcement of its annual Women's Indoor Track and Field awards on Thursday.

St. Thomas senior **Katie Murray** received Outstanding Track Athlete honors, while Saint's Mary's junior **Becca Dup** garnered Outstanding Field Athlete and Outstanding Performance of the Meet awards. St. Thomas coach **Joe Sweeney** was recognized by his peers as the Women's Indoor Track and Field Coach of the Year for the third time in the last five seasons.

Murray (Sr. | Edina, Minn.) had a hand in 36 points for the Tommie women at the 2018 Championships, starring in both genres of events. She won the 200-meter dash with a time of 25.66 and was part of her third straight 4x200-meter relay team title, clocking in at 1:44.36. The senior also finished second in both the 60-meter dash (7.78) and long jump (5.23m).

Dup (Jr. | Albert Lea, Minn.) won both the long jump (5.38m) and triple jump (11.74m) at the 2018 Championships. Her victory in the long jump is her second consecutive at the MIAC meet, while her work in the triple jump was deemed the Outstanding Performance of the Meet by MIAC coaches. The junior leaper also showed off her speed at the Championships, finishing seventh in the 60-meter dash with a time of 8.09.

Sweeney guided UST to its 19th straight Women's Indoor Track and Field Championship and 31st overall. In 2018, Sweeney's squad scored 171.50 points with four individual MIAC titles, one relay championship, and 13 All-Conference performances. Now in his 38th season leading St. Thomas, this is Sweeney's third Indoor Coach of the Year honor in the last five years.

In addition to the top individual award-winners, the MIAC recognized the 2018 Women's Indoor Track and Field All-MIAC Sportsmanship team. Also listed below are the 2018 MIAC Women's Indoor Track and Field All-Conference individuals and relay teams. The top three finishers in each individual event and each first-place relay team received All-MIAC honors. Individuals that finished 4-6 and relay teams that finished 2-6 received All-Conference Honorable Mention honors and can be found in the [final results](#).

Fans can re-live all the action of the 2018 MIAC Indoor Track and Field Championships online. The [event homepage](#) has complete results, recaps and photo galleries from an exciting weekend.



2018 MIAC WOMEN'S INDOOR TRACK AND FIELD AWARDS

Outstanding Track Athlete: Katie Murray | Sr. | St. Thomas (Edina, Minn.)

Outstanding Field Athlete: Becca Dup | Jr. | Saint Mary's (Albert Lea, Minn.)

Outstanding Performance of the Meet: Becca Dup | Jr. | Saint Mary's | Triple Jump (Albert Lea, Minn.)

Coach of the Year: Joe Sweeney | St. Thomas (38th Season)

2018 MIAC Women's Indoor Track and Field All-Sportsmanship Team

Name	Institution	Class	Hometown High School
Christabelle Mulcahy	Augsburg	Fy.	Stillwater, Minn.
Annika Halverson	Bethel	Sr.	Wayzata, Minn.
Tonya Pierges	Carleton	Jr.	Kenilworth, Ill. North Shore
Sara Whiteman	Concordia	Jr.	Brainerd, Minn.
Sarah Anderson	Gustavus	So.	Roseville, Minn. Irondale

Liv Kressler	Hamline	Sr.	Chanhassen, Minn.
Nadia Mezc	Macalester	Jr.	Dix Hills, N.Y. Half Hollow Hills
Megan Sundstrom	Saint Benedict	Sr.	Proctor, Minn.
Sam Witmer	St. Catherine	Jr.	Troutdale, Ore. Reynolds
Maria Missurelli	Saint Mary's	Sr.	Franklin, Wis. St. Thomas More
Katherine LeClair	St. Olaf	Sr.	Stillwater, Minn.
Emma Bassier	St. Thomas	Sr.	Davenport, Iowa Assumption

2018 MIAC Women's Track and Field All-Conference Team									
Pentathlon					Distance Medley Relay				
Place	Name	Institution	Class	Score	Place	Name	Institution	Time	
1.	Megan Sundstrom	Saint Benedict	Sr.	3,214	1.	Lydia Hayes Megan Hill Abigail Schnabel Tierney Winter	Gustavus	12:37.74	
2.	Laura Eischens	St. Thomas	Sr.	3,083					
3.	Mackenzie Schoustra	St. Olaf	So.	2,887					
Triple Jump					High Jump				
Place	Name	Institution	Class	Distance	Place	Name	Institution	Class	Distance
1.	Becca Dup	Saint Mary's	Jr.	11.74m	1.	Grace Bordson	St. Thomas	Jr.	1.63m
2.	Abigail Van Goethem	Hamline	So.	11.00m	2.	Alexandra Anderson	Gustavus	So.	J1.63m
3.	Megan Sundstrom	Saint Benedict	Sr.	J11.00m	3.	Matilda McFerson	St. Thomas	So.	1.60m
Weight Throw					Shot Put				
Place	Name	Institution	Class	Distance	Place	Name	Institution	Class	Distance
1.	Kiana Verdugo	Hamline	Sr.	14.93m	1.	Jessie Juenemann	Hamline	So.	12.89m
2.	Bailey Hovland	Concordia	Sr.	14.70m	2.	Haley Anderson	Saint Benedict	Jr.	12.17m
3.	Katie Keelin	Gustavus	So.	14.27m	3.	Sarah Gigstad	Saint Benedict	So.	11.60m
Pole Vault					Long Jump				
Place	Name	Institution	Class	Distance	Place	Name	Institution	Class	Distance
1.	Kendall Novak	St. Thomas	Jr.	3.55m	1.	Becca Dup	Saint Mary's	Jr.	5.38m
2.	Maria Missurelli	Saint Mary's	Sr.	3.45m	2.	Katie Murray	St. Thomas	Sr.	5.23m
3.	Lee Stelten	Saint Benedict	So.	J3.45m	3.	Sidney Holder	Carleton	Fy.	5.22m
5,000-meter Run					60-meter Dash				
Place	Name	Institution	Class	Time	Place	Name	Institution	Class	Time
1.	Sara Ness	St. Thomas	So.	18:07.30	1.	Jada Lewis	Augsburg	Fy.	7.77
2.	Samantha Schnirring	Carleton	Jr.	18:08.62	2.	Katie Murray	St. Thomas	Sr.	7.78
3.	Olivia Rosenow	Gustavus	Sr.	18:09.81	3.	McKayla Stowell	Gustavus	Jr.	7.80
Mile Run					600-meter Run				
Place	Name	Institution	Class	Time	Place	Name	Institution	Class	Time

1.	Annika Halverson	Bethel	Sr.	5:01.49	1.	Phoebe Aguiar	Macalester	Jr.	1:34.95
2.	Meg Mathison	Carleton	So.	5:01.68	2.	Abby Stets	St. Olaf	Sr.	1:36.02
3.	Ali Glassbrenner	St. Thomas	Sr.	5:02.73	3.	Erin Alpers	Bethel	Sr.	1:37.53

60-meter Hurdles

Place	Name	Institution	Class	Time
1.	Anna Futterer	Hamline	Jr.	9.05
2.	Brielle Bierman	St. Thomas	Sr.	9.15
3.	Laura Eischens	St. Thomas	Sr.	9.29

400-meter Dash

Place	Name	Institution	Class	Time
1.	Delia Labatt	Bethel	So.	57.75
2.	Hannah Sonsalla	Macalester	Sr.	58.24
3.	Abby Stets	St. Olaf	Sr.	58.50

800-meter Run

Place	Name	Institution	Class	Time
1.	Erin Alpers	Bethel	Sr.	2:16.16
2.	Jordan Lutz	St. Olaf	Sr.	2:16.90
3.	Jena Moody	St. Olaf	Sr.	2:17.72

4x200-meter Relay

Place	Name	Institution	Time
1.	Katie Murray Katelyn Marciniak Delaney McLoone Brielle Bierman	St. Thomas	1:44.36

1,000-meter Run

Place	Name	Institution	Class	Time
1.	Jordan Lutz	St. Olaf	Sr.	2:58.72
2.	Ali Glassbrenner	St. Thomas	Sr.	2:59.17
3.	Carmen Garson-Shumway	Macalester	Sr.	3:00.70

200-meter Dash

Place	Name	Institution	Class	Time
1.	Katie Murray	St. Thomas	Sr.	25.66
2.	Delia Labatt	Bethel	So.	25.70
3.	Hannah Sonsalla	Macalester	Sr.	26.03

3,000-meter Run

Place	Name	Institution	Class	Time
1.	Meg Mathison	Carleton	So.	10:03.06
2.	Annika Halverson	Bethel	Sr.	10:03.47
3.	Emily Kaegi	Carleton	Sr.	10:10.48

4x400-meter Relay

Place	Name	Institution	Time
1.	Katie Elstad Jena Moody Jordan Lutz Abby Stets	St. Olaf	4:02.30